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| mental health contact numbers |

# NORTHWEST ADMINISTRATORS

HMC HEALTHWORKS (866)269-7391 <https://hmc.personaladvantage.com>

access code TMISC

Behavioral Health Phone numbers for each provider:

Kaiser 800-900-3277

United Healthcare HMO 800-999-9585

United Healthcare PPO  800-357-0978

# PACFED

AETNA EAP (800)342.8111

# BENESYS/FOOD TRUST

HMC HEALTHWORKS (800)431-5036 <https://hmc.personaladvantage.com>

access code TFOOD

(Members that are enrolled in either Anthem Blue Cross or the Aetna HMO)

**Members enrolled in Kaiser must contact Kaiser**